

JANUARY 2024





BROCCOLI



NO SCHOOL	NO SCHOOL	Salisbury Steak Whipped Potatoes & Gravy Green Beans Blueberries Dinner Roll	Cheeseburger (K-12) Buffalo Chicken Wrap (6-12) Sweet Potato Fries Baked Beans Mixed Fruit GRAB & GO SALAD (7-12)	Cheezee Bread Dipping Sauce Pasta Salad Creamed Lettuce Apple Slices
		Egg & Cheese Wrap or Cereal & Tiger Bites Applesauce 3	Muffin Yogurt Parfait Raisins 4	Cinnamon Roll String Cheese Mixed Fruit 5
Waffle Sausage Potato Triangles Cherry Star Juice Applesauce GRAB & GO SALAD (7-12) Poptart Yogurt Apple Slices	Corn Dog Vegetable or Wedding Soup Broccoli & Cauliflower/Dip Pears GRAB & GO SALAD (7-12) Cocoa Cherry Bar Cereal Applesauce 9	Soft Taco Lettuce & Tomato Salsa Refried Beans Strawberries GRAB & GO SALAD (7-12) Breakfast Sandwich or Cereal & Tiger Bites Pears 10	Chicken Nuggets (K-12) General Tso (6-12) Rice Broccoli Mandarin Oranges GRAB & GO SALAD (7-12) Muffin Yogurt Parfait Strawberries 11	Cheese Pizza Three Bean Salad Tossed Salad Apple Breakfast Tornado String Cheese Mandarin Oranges 12
NO SCHOOL	Chicken Patty Beef Noodle or Potato Soup Peppers & Cucumbers/Dip Peaches GRAB & GO SALAD (7-12) Banana Bread Cereal	Spaghetti Steamed Carrots Blueberries Fresh Rolls GRAB & GO SALAD (7-12) Egg & Cheese Wrap or Cereal & Tiger Bites	Meatball Sub Doritos Macaroni Salad Orange GRAB & GO SALAD (7-12) Muffin Yogurt Parfait	Breakfast Pizza Tossed Salad Pears Jell-O Funnel Cake String Cheese
French Toast Sausage Potato Triangles Sunset Sip Juice		Peaches 17 Sloppy Joe Baked Potato Steamed Zucchini Strawberries	Raisins 18 Chicken Nuggets French Fries Tossed Salad Mixed Fruit	Orange 19 Stuffed Crust Pizza Broccoli Salad Pineapple & Grapes
Applesauce GRAB & GO SALAD (7-12) Granola Bar Yogurt Pears 22	Sweet Roll Cereal	GRAB & GO SALAD (7-12) Breakfast Sandwich or Cereal & Tiger Bites Mango 24	GRAB & GO SALAD (7-12) Muffin Yogurt Parfait Strawberries 25	Pancake Stick String Cheese Mixed Fruit 26
Pancakes Sausage Tater Tots Dragon Juice Applesauce GRAB & GO SALAD (7-12) Nutri Grain Bar Yogurt Pineapple 29	Donut Cereal	Hamburger or Fish Sandwich Macaroni & Cheese Peas Cole Slaw Blueberries GRAB & GO SALAD (7-12) Egg & Cheese Wrap or Cereal & Tiger Bites Tropical Fruit 31		

BREAKFAST & LUNCH ARE FREE FOR ALL STUDENTS

BREAKFAST INCLUDES JUICE & MILK, LUNCH INCLUDES MILK—Fat Free, 1% & Fat Free Chocolate Milk